



NORTH HERTFORDSHIRE DISTRICT COUNCIL

AREA COMMITTEE DEVELOPMENT GRANT APPROVAL FORM

1. Committee: **Baldock & District Area Committee**

2. Date: **9 Jun 2014**

3. Summary of application: **Funding support for 8 week course on Healthy Lifestyles**

Name of organisation: **Home-Start (North Herts - Baldock, Letchworth and Hitchin)** Sum requested: **£415**

Total project cost: **£1,380**

Brief details:

Home Start is seeking funding support from both the Letchworth and Baldock Area Committees to assist with the costs for putting on an 8 week event for disadvantaged and vulnerable families during the summer holiday period. This will involve 8 , 2 hour workshops covering issues such as healthy living, supporting parents and children in the understanding of a well balnaced diet and making healthy choices. It will educate families about long term health implications and information on inexpensive accessable sources of fresh seasonal food. As part of the events they will hold budget cookery sessions and fun tasting sessions, healthy breakfasts and lunches, hands-on food preparation and sharing meals together. They will promote the benefits of physical activity and a range of stimulating creative art and crafts. This will also include sessions of baby sing and sign and holistic therapies for health and well being.

Matched / linked funding: **£965**

Funder: **Letchworth Area Committee**

Matched /linked funding : **£0**
or DRR

Funder:

Comments from Development Officer:

Whilst Home Start is a Herts County Council function, this 8 week course is not covered by HCC, hence the request for funding from the Letchworth & Baldock Area Committees. This is being split 70% (Letchworth) / 30% (Baldock) as the group supports households from 6 postcodes in Letchworth and 2 postcodes in Baldock. This is a worthwhile project and. funding will be used for publicity costs, staffing costs and equipment costs. The funding request does ask for funding support for food costs which is not criteria complaint, so my recommendation is for an award of £350 rather than £415.

The Community Development Officer has examined this application against the Authority's Area Grants Policy, the organisation's accounts and grant history, and considers it an eligible application to put before the Committee.

Amount recommended: **£350**

4. Comments from Ward Members:

I support / do not support this application

Name:

Signed:

Date:

I support / do not support this application

Name:

Signed:

Date: